



The Overland Kailash Yatra is a profound and thrilling expedition to the sacred realms of Mount Kailash and Mansarovar Lake, traversing the Nepal-Tibet border through Rasuwagadhi – Kyirong. This alternative route, inaugurated in September 2017, has facilitated easier access to the outskirts of Nepal for pilgrims and adventure seekers alike. Mount Kailash holds immense spiritual significance in Hinduism, Buddhism, Jainism, and Bon, making it a revered pilgrimage site. Pilgrims from diverse corners of the globe embark on this spiritual odyssey to seek blessings and undertake the sacred Kailash Kora.

Organised by Omkaara Ltd., the journey begins with a sightseeing tour in Kathmandu, exploring UNESCO-listed heritage sites such as Pashupatinath Temple, Boudhanath, and Budhanilkantha. The subsequent days involve a scenic drive through Langtang National Park, crossing the Nepal-Tibet border to reach Kyirong, and continuing the exploration through picturesque villages like Saga, Mansarovar, and Darchen. The route offers breathtaking views of Mount Kailash, Mount Gurla-Mandala, Rakshash Lake, and Lake Mansarovar.

It's worth noting that the entire tour spans 13 days based on the default itinerary but can be customised to suit individual preferences. The recommended time for this sacred pilgrimage is between May to October, aligning with more favorable weather conditions. As travelers embark on this transformative journey, they immerse themselves in the rich cultural and spiritual tapestry that surrounds Mount Kailash.



# **TRIP FACT:**

Trip Duration	:	19 Days
Trip Start	:	Kathmandu
Trip End	:	Kathmandu
Trip Grading	:	Moderate to Strenuous
Max Altitude	:	5550m
Best Time	:	May to October
Accommodation	:	3/4 star hotel in Kathmandu, Pokhara & Best available in hotels/guest
		Houses along The route (Tibet)
Meals	:	Pure Vegetarian. Three Meals (Breakfast / Lunch / Dinner)
Transportation	:	Private Vehicle
Group Size	:	Fix departure Group joining & Private Group 5+ People

### **OUTLINE ITINERARY:**

Day	Itinerary	K.M	Time	Altitude	Accommodation	Meal Plan
01	Arrival in Kathmandu from UK			1300 mtr	Hotel	Dinner
02	Kathmandu Sightseeing		3 hrs		Hotel	B.L.D
03	Drive to Pokhara via	210 km	7-8 hr	827 mtr	Hotel	B.L.D
	Manokamana					
04	Drive to Muktinath	195 km	8-9 hrs	3710 mtr	Guest House	B.L.D
05	Drive to Pokhara	195 km	8-9 hrs	827 mtr	Hotel	B.L.D
06	Pokhara Sightseeing					
07	Drive to Bharatpur (Deughat)	150 km	4-6 hrs	200 mtr	Hotel	B.L.D
08	Drive back to Kathmandu	130 km	4-5 hrs		Hotel	B.L.D
09	Drive to Timure	145 km	9 hrs	1850 mtr	Guest House	B.L.D
10	Drive to Kyirong	27 km	1 hrs	2700 mtr	Hotel	B.L.D
11	Drive to Saga	250 km	4-5 hrs	4500 mtr	Hotel	B.L.D
12	Drive to Mansarovar	450 km	6-7 hrs	4600 mtr	Guest House	B.L.D
13	Drive to Darchen	30 km	1 hrs	4650 mtr	Hotel	B.L.D
14	Drive to Tarboche	6 km	<sup>1</sup> / <sub>2</sub> hrs		Mud House	B.L.D
	Trek to Dira - Puk	10 km	4-5 hrs	4800 mtr		
15	Trek to Zutul – Puk	22 km	8-9 hrs	4700 mtr	Mud House	B.L.D
16	Trek to Barkha plain (trek end)	5 km	2-3 hrs		Hotel	B.L.D
	Drive to Darchen	10 km	<sup>1</sup> / <sub>2</sub> hrs			
	Drive to Saga			4500 mtr		
17	Drive to Kyirong	250 km	4-5 hrs	2700 mtr	Hotel	B.L.D
18	Drive to Kathmandu	175 km	8-9 hrs	1300 mtr	Hotel	B.L.D
19	Departure from Kathmandu to UK					Breakfast

### **ITINERARY SUMMARY:**

### Day 01: Kathmandu Arrival from UK

Upon your arrival in Nepal, our dedicated team will ensure a smooth transition from the airport to your designated hotel. A representative and a driver from our office will be present to warmly greet you. They will assist you in transferring to the hotel and facilitate a hassle-free check-in process.

After settling in, we will schedule a meeting at the hotel to provide you with a comprehensive briefing about your daily activities and other essential information for your journey.

### Day 02: Kathmandu Sightseeing

After a wholesome breakfast at the hotel, we embark on a half-day sightseeing tour to explore the cultural and religious treasures of Kathmandu. Our destinations for the day include: **Pashupatinath Temple:** A sacred Hindu temple dedicated to Lord Shiva, Pashupatinath is an architectural marvel and a significant pilgrimage site. Your guide will provide detailed historical and cultural insights into this revered place. **Gujeshowri Temple:** Another important religious site, Gujeshowri Temple holds

cultural significance and is known for its spiritual ambiance. Your guide will offer information about the temple's

history and its importance in Hindu traditions. **Buddhanilkantha:** This site features a remarkable statue of Lord Vishnu reclining on the cosmic ocean. Your guide will share insights into the symbolism and significance of this iconic representation. Following this enriching religious journey, we return to the hotel for lunch. After the meal, the afternoon is free for your personal activities. This time can be utilized for relaxation, exploration, or any personal preparations needed for the upcoming yatra. Whether it's reflecting on your experiences, exploring local surroundings, or making final preparations, the afternoon is yours to enjoy.

### Day 3: Drive to Pokhara via Manokamana

Begin your day with a hearty breakfast and gear up for an exciting journey. Embark on a scenic drive to Pokhara, renowned for its stunning landscapes and tranquil lakes. Enjoy picturesque views of the Himalayas and charming Nepalese villages along the way. Detour to visit the sacred Manakamana Devi Temple, accessible by a thrilling cable car ride with panoramic views. After a ritual performance, break for a delightful lunch and resume your scenic drive to Pokhara, a city surrounded by mountains and

adorned with serene lakes. Check into your hotel, settle in, and anticipate the adventures and the drive to Muktinath tomorrow.

### Day 4: Drive to Muktinath via Galeshwor Temple

Embark on a day of spiritual exploration by starting with a hearty breakfast at your Pokhara hotel, gearing up for an exhilarating adventure. The journey unfolds with a scenic drive to Muktinath, a sacred pilgrimage site nestled in the picturesque Mustang region. Traverse captivating landscapes, savoring breathtaking views of the Himalayas and charming villages along the way. Pause during your expedition at









3



Galeshwor Temple, a sacred Hindu shrine dedicated to Lord Shiva. Take a moment to explore the temple grounds, offer prayers, and immerse yourself in the serene spiritual atmosphere. Continue your drive towards Muktinath, allowing yourself to be captivated by the awe-inspiring journey. Upon reaching Muktinath, participate in ritual

activities, including puja, symbolic 108 tap baths, and contemplation at Pap Kund and Punya Kund. Revel in the spiritual ambiance and appreciate the panoramic mountain vistas surrounding the sacred temple. After the visit, commence your return journey to Jomsom or a nearby location. Upon checking into your accommodation, take time to unwind and reflect on the profound spiritual experiences of the day. Dinner and a serene overnight stay await, setting the stage for the exciting adventures that lie ahead.

### Day 5: Drive to Pokhara

Begin your day with a satisfying breakfast at your current location. Embark on a scenic drive back to Pokhara, absorbing the captivating views along the way. Upon arrival in Pokhara, check into your hotel and take rest and refresh. Enjoy a delightful dinner and a peaceful overnight stay, reflecting on the day's discoveries in Muktinath.

### Day 6: Pokhara Sightseeing

After breakfast and refreshment, visit Pumdikot Mahadev Temple. Explore the temple and enjoy the scenic surroundings. Devi's Fall: Visit Devi's Fall, a unique waterfall in Pokhara. Take in the beauty of the falls and the

surrounding area, Gupteshwor Cave: Explore Gupteshwor Cave, located near Devi's Fall. Visit the cave temple and witness the natural beauty inside. Bindhyabasini Temple: Visit this temple dedicated to the Hindu goddess Bindhyabasini. It offers a peaceful atmosphere and panoramic views of Pokhara. Tal Barahi Temple: Visit the Tal Barahi Temple situated on an island in Phewa Lake. Take a short boat ride to reach the temple.

Then spend the rest of the day exploring Lakeside Pokhara. Visit local shops, cafes, and enjoy the lakeside ambiance. Have dinner at Hotel, Stay overnight at your hotel in Pokhara.

### Day 7: Drive to Bharatpur (Deughat)

Morning: Check out from your hotel in Pokhara and have breakfast. After Breakfast, drive from Pokhara to Bharatpur (Dashdhunga). Enjoy the scenic views along the Prithvi Highway. Arrive in Bharatpur and check in at Hotel Ashoka. Have lunch at the hotel. Afternoon: After lunch, head to Deughat for your sightseeing tour. Visit the Byash Rishi Cave and explore its surroundings. Take a nature walk around Deughat to experience the lush forests and peaceful atmosphere. Evening: Return to Bharatpur in

the evening. Relax and have dinner at your hotel. Overnight: Stay overnight at Hotel Ashoka in Bharatpur.

### Day 8: Return drive back to Kathmandu

After breakfast at hotel drive back to Kathmandu. The drive takes about 4 to 5 hours, depending on traffic and road conditions. Stop for lunch at a restaurant along the way. Arrive in Kathmandu and check in at your hotel. Enjoy the rest of the day for personal activities, shopping, or relaxation. Dinner will be served at your Kathmandu hotel. Overnight: Stay overnight at your hotel in Kathmandu.









of 1,850 meters. Our accommodation for the night is arranged at a comfortable Guesthouse, offering a restful stay amid the anticipation of the sacred journey ahead.

#### Day 10: Drive to Kyirong County

Morning enjoy a nourishing breakfast, we start the day by walking to Nepal Immigration for the necessary departure stamp in our passports. Subsequently, we embark on drive to the Nepal-China border. Upon reaching the border, we patiently await the arrival of our Chinese guide who will be picking us up. Once the guide is present, we proceed with Chinese side immigration and customs formalities. Following these procedures, we set out on a scenic drive to Kyirong County, covering

a distance of 27 kilometers over the course of about 1 hour. The altitude at Kyirong town is approximately 2,700 meters, providing a unique and picturesque setting for our overnight stay at the hotel.

#### Day 11: Drive to Saga

Today's journey takes us through the mesmerizing and arid Tibetan land, covering a distance of 250 kilometers over the course of 4-5 hours. The route is adorned with nomadic settlements, offering a glimpse into the unique way of life in this region. The drive includes crossing several high mountain passes, each contributing to the breathtaking scenery. Notable passes along the way include Lamu Kungdangla pass at an elevation of 5,200 meters and Jerkyung La, which surpasses 5000 meters in height. A significant feature of the day's travel is the crossing of the Brahmaputra

(Yarlung Tsangpo) river, a vital waterway that sustains millions of people across Tibet, Nepal, and India. The journey concludes in Saga (4500m), a city known for its nomadic population and cultural richness. Accommodation for the night is arranged at a Hotel in Saga, providing a comfortable rest stop amid the adventure.

### Day 12: Drive from Saga to Mansarovar Lake

Today's approximately 450 km about 6 - 7 hours drive takes us through the mesmerizing Tibetan landscape, passing nomadic settlements and crossing high mountain passes. The journey includes a stop for a picnic pack lunch at a picturesque location. Before reaching Mansarovar, we'll have the opportunity to witness the first view of Mount Kailash and Mansarovar from a viewpoint, adding to the anticipation of the sacred site. The day concludes at the holy Mansarovar Lake (4600m), offering

stunning views of the surrounding mountains. If time permits, there's an option to undertake the Parikrama of

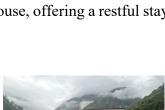
#### Day 09: Drive Kathmandu to Timure

The actual pilgrimage journey begins with an early morning start and a hearty breakfast. We commence the drive from Kathmandu to Timure, covering a distance of approximately 145 kilometers a over duration of about 9 hours. During the journey, we'll make a stop for lunch at a good restaurant along the way. The scenic drive takes us through Langtang National Park, offering captivating views of the surrounding landscapes. The route leads us to the Nepal-Tibet border through Rasuwagadhi, and finally, we reach our destination, Timure, situated at an elevation

Nepal ly, we tiently uide is









Manasarovar Lake by vehicle (3 hours – 90 km). Our accommodation for the night is arranged at a guesthouse near Mansarovar Lake.

## Day 13: Drive to Darchen

This morning is dedicated to a spiritual retreat at Mansarovar Lake, indulging in rituals, prayers, and a symbolic cleansing bath in the sacred waters. For those with time, an optional visit to the Chiu Monastery provides a serene experience with Mount Kailash as a magnificent backdrop. The afternoon brings a short drive approximately 30km 1hours to Darchen (4650m), the lively base camp for the Holy Kailash trek, characterized by the presence of pilgrims and a multitude of tents. The night is spent in contemplation and rest at a Hotel in Darchen.

## Day 14: First Day of Outer Kora – to Dirapuk

Embark on the 53km Outer Kora trek around Mount Kailash. Drive to Tarboche Flagpole: Begin with a 6 km drive (approximately half an hour) from Darchen to Tarboche. Tarboche is marked by the Flagpole adorned with prayer flags. Visit Yama Dwaar - Commencement of Kora. Explore Yama Dwaar, the Gate of the God of Death, signaling the initiation of the trek (Kora). This spot serves as the official starting point of the Kora. Walk up the picturesque Lha Chu Valley. Traverse through green meadows and alongside streams. Witness the imposing presence of Mount Kailash. Follow the river through a narrow canyon featuring high cliffs and waterfalls. Enjoy panoramic views of the North Face of Mount Kailash. Reach the 13th-century Dira Phuk monastery (4800m). Accommodation: Overnight stay at a mud house in Mount Kailash North Face. After some rest and snacks, embark on a short hike to witness the awe-inspiring North Face of Kailash.

**Note:** Travelers who opt not to trek around Kailash (Parikrama) can return to Darchen and await the arrival of the rest of the group from the Parikrama.

### Day 15: Second Day of Outer Kora – to Zuthulphuk

The spiritual and challenging journey continues from Dirapuk to Dolma Chu Valley: Bid farewell to Lha Chu Valley and enter the Dolma Chu Valley. Undertake a demanding climb to reach the high pass, Dolma La (5550m). The summit is adorned with prayer flags, creating a sacred atmosphere. Descending to Syabje Dadok and Flat Walk to Zuthul Phuk Monastery (4700m), Begin the descent from Dolma La to Syabje Dadok. Marvel at the breathtaking views of Gaurikunda Lake (Thukpe Dzingbu), one of the highest lakes globally, known as the Lake of

Compassion. Explore the Zuthul Phuk Monastery, which houses meditation caves and an image of Jechun Milarepa. Total trekking Distance 22 km and Duration 8 to 9 hours. Overnight accommodation: Mud house in Zuthul Phuk.









*Note: This day is considered the toughest and holiest of the pilgrimage tour. The journey involves a challenging ascent to Dolma La pass 5550m.* 

### Day 16: Drive to Saga

The last day of the Kailash kora trek 5 km involves a gentle downhill walk along the river, covering a distance of approximately three hours. Upon reaching the Barkha plain, bus will be waiting to drive 10 km back to Darchen to join rest of the group.

The return journey to Kathmandu follows the same route, and accommodation and meal arrangements remain consistent. Overnight accommodation: Hotel in Saga.

### Day 17: Drive back to Kyirong County

The journey continues with a return drive back to Kyirong County. Once again, cross the Brahmaputra (Yarlung Tsangpo) River. Continue the drive to Kerung. The return journey provides an opportunity to revisit landscapes and landmarks encountered earlier in the pilgrimage. Accommodation and meal arrangements remain consistent during the drive back to Kyirong.

### Day 18: Drive back to Kathmandu

Drive to the border checkpoint for customs and immigration formalities. Bid farewell to the Tibetan guide and driver. Walk to Nepalese Immigration for re-entry formalities. Continue the drive to Kathmandu, taking into account road and weather conditions. Overnight Accommodation: Hotel in Kathmandu. At Evening at diner; enjoy an evening dinner, marking the conclusion of the pilgrimage. Receive the Certificate of completion from Omkaara Ltd.

### Day 19: Departure from Kathmandu to UK

Morning is free for personal activities, relaxation, or additional exploration. Be ready 3-4 hours before your departure time. The team, including a driver and airport representative, will transfer you to the airport in time for your flight back home. Experience the sense of accomplishment and the memories of a lifetime as you depart from Kathmandu.

The pilgrimage concludes with a mix of emotions and a sense of fulfillment.

<u>Fix Departure Dates:</u>			
Arrival in Kathmandu	Kailash Departure from	Full Moon at Mansarovar	<b>Departure from</b>
from UK	Kathmandu		Kathmandu to UK
12 May 2024	20 May 2024	23 May 2024	30 May 2024
10 Jun 2024	18 June 2024	21 June 2024	28 June 2024
10 July 2024	18 July 2024	21 July 2024	28 July 2024
08 August 2024	16 August 2024	19 August 2024	26 August 2024
06 September 2024	14 September 2024	17 September 2024	24 September 2024

#### \*\* End of Tour \*\*



## Note: After the Mansarovar to Kailash; all the private vehicles are not allowed; So Chinese Deluxe Buses are provided by the Tibet Tourism authority.

# NOTES:-

- Non-Parikrama Participants: If you are not participating in the Parikrama, you will remain waiting at Darchen.
- Itinerary Changes: The itinerary is subject to change without prior notice due to unavoidable circumstances. Examples include landslides, road blockages, floods, snow, political unrest, flight cancellations, delayed arrivals, permit and visa delays, sickness, or accidents.
- Any additional costs incurred due to these circumstances will be the responsibility of the clients on the spot.

# <u>COST:-</u> Fix Departure Group Joining Basis: From £3,800

## **COST INCLUDES:**

- International Air fare to / from Nepal.
- Kathmandu International Airports transfers (Arrival & Departure) services.
- 3-4 star hotel accommodation in Kathmandu on Double / Twin sharing room basis.
- 3-4 star hotel accommodation in Pokhara on Double / Twin sharing room basis.
- Guest house accommodation on the way (Muktinath) on Triple or 4 person room sharing basis.
- Hotel accommodation in Bharapur (Dashdhungga) on Double / Twin sharing room basis.
- Kathmandu 1 Half-day Sightseeing (Pashupatinath, Gujeshowre & Buddhanilkanth Temple).
- Pokhara sightseeing Pumdi Mahadve, Devi's fall, Gupteshwor Mahadev, Bendabasini temple and Tall Barahi.
- Bharatpur Deughat Sightseeing
- Kathmandu Pokhara Muktinath Pokhara Bharatpur Kathmandu ground transportation.
- Manokamana Cable Car Ticket cost.
- Annapurna Conservation Park (ACAP) fee.
- Kathmandu, Pokhara sightseeing entrance fee.
- Boarder transfers Kathmandu Timure Kathmandu by bus.
- Ground transfers in Tibet using a Tourist coach as per group size / Truck for Luggage.
- Hotels or Guest House in Nepal Boarder & in Tibet on 3 or 4 person sharing room.
- Group Staff Normal Tibet Visa & Permit Fee [Urgent Visa fee not included].
- Staff Tibet Visa / Permit Fee and Medical Insurance.
- All entrance and conservation fee of Tibet except Monastery visit.
- Nepali Team Leader and Supporting Sherpa Team with English-speaking Tibetan guide.
- Pure Indian Vegetarian three Meals (Breakfast / Lunch / Dinner) during the trip.
- Company Souvenir (Duffel Bag, Backpack, Passport holder bag, Wind sitter Jacket, and Cap).



- All camping and cooking equipment.
- Yak and Yak men for Kailash parikrama only for kitchen equipment and luggage.
- First Aid Medicine Box, oxy-meter and Emergency Oxygen for safety.

# **COST EXCLUDES:**

- Nepal Visa fee
- Single Supplement at any hotel.
- All beverages during the trip.
- Any extra cost incurred due to unforeseen events or weather conditions such as landslide, flight cancellation, strikes, road blockage and extra nights hotel accommodation bills etc.
- Personal expenses such as Photography charges, telephone calls, laundry, any soft/hard drinks, shopping, tipping etc.
- Walking Stick and a water bottle.
- Travel and medical Insurance of clients and emergency evacuation cost.
- Personal Porter and horse riding charges during Kailash Parikrama.
- Tips for Team Leader, Guide, Sherpa staff, Driver & supporting staff.
- Anything not mentioned in the inclusion part.

# **BOOKING AND PAYMENT:**

- Trip booking should be done in advance of 01 month.
- Trip booking confirmation should be completed by sending a scan copy of the client's color passport.
- A minimum of 6 months of valid passport from the date of departure is necessary.
- 25 days prior to the tour departure date, 50% of the total cost should reach the "Omkaara Ltd." account.
- Full payment should be made 15 days before departure for the Kailash Mansarovar Yatra.

# **TOUR CANCELLATION POLICY:**

- All notices of cancellation must be sent to our office in writing.
- Verbal cancellations will not be entertained.
- 25 days before trip departure: 30% of total trip cost.
- 15 days before trip departure: 50% of total trip cost.
- 10 days before trip departure: 90% of total trip cost.
- 07 days and less departure: 100% of total trip cost.
- Tour Operators have the full right to change the dates and cancel the trip due to any unavoidable circumstances.

# NOTES:

- All the rates are in pounds and applicable for Non-resident Indians (NRI's) only.
- Itineraries can be change as per the flight schedule, guest choice, your advice & the required conditions.
- Client must have either 6 month valid Passport while travelling to Nepal / China (Tibet).



### **OPTIONAL PROGRAMS:** -

Mountain Flight	:	An Hour Mountain Flights.
Helicopter Ride	:	Mountain Flight, Everest Base Camp, Annapurna Base Camp, Machhapuchare
		Base Camp, Gosaikund, Halesi Mahadev, Muktinath, Damodarkund etc.
Rafting	:	Day Rafting
Tour	:	City Sightseeing Half Day / Full Day, Day tour etc.
Trekking	:	Everest, Gokyo Lake, Annapurna, Mardi, Poon hill etc.

### VALIDITY:

Above Kailash Yatra packages rates valid for 2024.

"We assured you for Comfortable Stay, Safe Journey & Memorable Yatra to Mt. Kailash & Mansarovar"